

# **BOUTONNEUSE FEVER**

## **(Mediterranean Spotted Fever)**

- Caused by rickettsia obtained from tick bites
  - Increased risk June-October
- Symptoms
  - High fever, severe headache, and muscle, joint, or back pain
  - Generalized rash involving palms and soles
  - Small, dark-centered ulcer at site of tick bite
- Countermeasures → Prevent tick bites
  - Use the DOD Insect Repellent System
  - Sleep under a permethrin-treated bed net
  - Regular examination of clothing and skin for ticks; promptly remove attached ticks

